

# Initial Measurement Form

Please tick any observed difficulties

<b>Observed Mealtime Difficulty: Ability to self feed</b>	<b>Not Seen</b>	<b>Seen Once</b>	<b>Seen Repeatedly</b>
Incorrectly uses cutlery (spoon, fork or knife)			
Difficulty getting food onto cutlery (spoon, fork or knife)			
Difficulty cutting meat (or other foods)			
Difficulty identifying food from plate			
Plate slides or is moved around the table			
Has difficulty using cups or glasses			
Has difficulty seeing or identifying cups or glasses			
Spills drinks when drinking			
Slow eating or prolonged mealtimes			
Falls asleep or is asleep during meal time			

<b>Observed Mealtime Difficulty: Preferences with food</b>	<b>Not Seen</b>	<b>Seen Once</b>	<b>Seen Repeatedly</b>
Prefers sweet food or eats desserts/sweets first			
Only eats certain foods			
Eats (or drinks) too fast			
Mixes food together			
Doesn't eat lunch but eats breakfast and some dinner			
Eats very small amounts of food (or drink)			
Eats other peoples food (or drink)			

<b>Observed Mealtime Difficulty: Resistive &amp; Disruptive Behaviour</b>	<b>Not Seen</b>	<b>Seen Once</b>	<b>Seen Repeatedly</b>
Hoards, hides, throws or plays with food			
Refuses to eat (verbally or physically)			
Bats away or pushes away spoon presented by carer			
Turns their head away when being fed			
Distracted from eating			
Stares at food without eating			
Demonstrates impatient behaviour around mealtimes			
Interrupts at mealtimes or wants to help			
Eats small amounts and leaves table			
Wanders during mealtime or unable to sit still for meals			
Shows agitated behaviour or irritability			
Is awake at night			

<b>Observed Mealtime Difficulty: Oral difficulties &amp; behaviours</b>	<b>Not Seen</b>	<b>Seen Once</b>	<b>Seen Repeatedly</b>
Bites on cutlery (spoon, fork, knife)			
Difficulty chewing			
Difficulty swallowing or refusing to swallow			
Prolonged chewing without swallowing			
Does not chew food before swallowing			
Holds food or leaves food in mouth			
Spits out food			
Does not open mouth			

**KEY:** Not Seen = difficulty not observed today      Seen Once = difficulty observed at least once  
 Seen Repeatedly = difficulty observed twice or more often

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